

That's right! Although we brush our teeth every day to keep our mouths clean, the toothbrush we are using to kill bacteria might actually be full of bacteria! Bacteria that naturally exists in our mouths inevitably ends up on your toothbrush. That bacteria combines with particles of food that get trapped in the bristles, and results in quite a health hazard. Studies have also found that flushing a toilet sprays millions of tiny bacteria (such as salmonella and E. coli) into the air. Some of these can land on your toothbrush!

**By E.D. Hill** **FOX NEWS**